

Athlete Age Groups

- 8-11 (under 11's)
- 11- 13 (under 13's)
- 13-15 (under 15's)
- 15-17 (under 17's)
- Under 20's
- Seniors (over 20's)



To find out more information about Doncaster Athletic Club visit our website:-

www.doncasterathleticclub.com



THERE IS
SOMETHING FOR
EVERYBODY AT **DAC**



Is Doncaster Athletic Club For You?

Are you looking for a little exercise to lose weight, keep fit or improve your condition? Do you enjoy a friendly supportive atmosphere? Are you looking for a safe training environment for your children and perhaps to help in a voluntary role?

Doncaster Athletic Club could be just for you.

The Club is located at the Keepmoat Stadium site, with a modern running track and field athletic facilities. We have a large team of dedicated coaches trained in delivering all forms of athletic disciplines. Changing and toilet facilities are for your use on site. Duty firstaiders, child protection officers and officials are available on each of our three training nights:

We offer sporting opportunity for all from the age of 8 years upwards.

The Club has an active and well supported road running section at all levels of ability. You do not have to be an elite runner to take part. Whether you are looking for a jog or competitive running Doncaster AC is for you.

With over 400 members, call and see us, our registration desk staff are there to help. You will receive a welcome pack and a guided tour of our facilities.

We have recently appointed an Induction Coach, Dave Andrews. The first Tuesday in every month will be an induction night for new members, starting at 6pm. Dave will assess any new members and a club official will be available to show new members around the site. This applies to any athletes from 8 to 15 years. A welcome pack will be given on the night.



Annual Membership Prices

8-11	Yearly membership fee is £25
12-17	Yearly membership fee is £30
18 and over	Yearly membership fee is £40
Family membership	Yearly membership is £110 , which incorporates two adults and their children, resident at the same address
Qualified coaches	Membership will be £25 but FREE after a coach has undertaken 40% of coaching sessions in one year.
Volunteers and Graded officials	Yearly membership fee will be £25 .

NEW COMPETING MEMBERS £25
ONE OFF MEMBER JOINING FEE

NEW FAMILY MEMBERS ONE OFF
FEE OF £40